



[bigcat.fhsu.edu/athletics/crosscountry/bios/wildwest5k.shtml](http://bigcat.fhsu.edu/athletics/crosscountry/bios/wildwest5k.shtml)

Registration: **6:45-7:45 am**  
 5K Walk/Run: **8:00 am**

**Entry Fee**  
 Before June 28 - \$10  
 After June 28 - \$15

For more Info:  
**Jason McCullough**  
**785-259-5349**

**SATURDAY, JULY 3<sup>rd</sup>**  
**Hays, Kansas**  
**4th & Main Street**  
**(Hays Aquatic Park)**

**Mail Entry to:**  
 FHSU Cross Country  
 c/o Jason McCullough  
 600 Park Street  
 Hays, KS 67601

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Age (on July 3, 2010): \_\_\_\_\_

E-Mail: \_\_\_\_\_

**T-Shirt Size:** S M L XL 2XL      **Youth - S M L**

**Please Check**

5K Run: \_\_\_\_ 5K Walk: \_\_\_\_

Male: \_\_\_\_ Female: \_\_\_\_

**Race Application Waiver**  
 I know running/walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, effects of the weather, including high heat and/or humidity; traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the City of Hays and all volunteers, sponsors and professionals associated with this event from all claims or liabilities of any kind arising out of my participation in this event even though liability may arise out of my negligence or carelessness on the part of the persons named in this waiver.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Parent's Signature (if under 18 years of age):** \_\_\_\_\_